


**KAPITAŁ LUDZKI**  
 NARODOWA STRATEGIA SPÓJNOŚCI

 Projekt współfinansowany przez  
 Unię Europejską w ramach  
 Europejskiego Funduszu  
 Społecznego

**UNIA EUROPEJSKA**  
 EUROPEJSKI  
 FUNDUSZ SPOŁECZNY


<b>Course title</b>		<b>ECTS code</b>	
Interpersonal communication		13.3.0657	
<b>Name of unit administrating study</b>			
null			
<b>Studies</b>			
<b>faculty</b>	<b>field of study</b>	<b>type</b>	drugiego stopnia
Wydział Chemii	Chemia	<b>form</b>	stacjonarne
		<b>specjalty</b>	wszystkie
		<b>specialization</b>	wszystkie
<b>Teaching staff</b>			
dr hab. Anna Lusińska, profesor uczelni			
<b>Forms of classes, the realization and number of hours</b>		<b>ECTS credits</b>	
<b>Forms of classes</b>		1	
Lecture		classes - 15 h	
<b>The realization of activities</b>		tutorial classes – 3 h	
classroom instruction		student's own work – 7 h	
<b>Number of hours</b>		Total: 25 h - 1 ECTS	
Lecture: 15 hours			
<b>The academic cycle</b>			
2023/2024 winter semester			
<b>Type of course</b>		<b>Language of instruction</b>	
obligatory		polish	
<b>Teaching methods</b>		<b>Form and method of assessment and basic criteria for evaluation or examination requirements</b>	
lecture with elements of discussion; - analysis of critical events (cases); - simulation games in groups.		<b>Final evaluation</b>	
		Graded credit	
		<b>Assessment methods</b>	
		- written exam (test) - Written pass in the test form / with closed questions (tasks)	
		<b>The basic criteria for evaluation</b>	
		The test solved in a minimum of 50% + 1 point gives a sufficient grade. During lectures during the discussion required activity. The degree of mastery of the required scope of substantive material (51%), and the degree of the ability to analyze facts and build independent applications (49%).	
<b>Method of verifying required learning outcomes</b>			
<b>Required courses and introductory requirements</b>			
<b>A. Formal requirements</b>			
none			
<b>B. Prerequisites</b>			
Basic knowledge in the field of social communication.			
<b>Aims of education</b>			
The aim of the course is to present the complexity of selected issues regarding basic knowledge about interpersonal communication. Students learn about the practical skills of presenting their opinion correctly and actively listen, see and overcome various communication barriers, and skilfully limit their impact on mutual contacts.			
<b>Course contents</b>			
verbal communication and nonverbal communication			

self-awareness and awareness of other presence  
 listening and disclosing you  
 men's and women's expression style  
 negotiating and mediaing  
 family, closer partners, friendship and conflict  
 passing the lecture

### Bibliography of literature

Literature required to pass the course

- J. Stewart, Mosty zamiast murów. Podręcznik komunikacji interpersonalnej, Wydawnictwo Naukowe PWN, Warszawa 2012.  
 Alternatywne i wspomagające metody komunikacji, pod red. nauk. J. Bleszyńskiego, Kraków, Oficyna Wydawnicza „Impuls”, 2008.  
 L. Arch, Jak się sprzedać. Skuteczne techniki prezentacji, przekonywania i przekazu swoich idei, MT Biznes 2012.  
 M. Golka, Bariery w komunikowaniu i społeczeństwo (dez)informacyjne, Wydawnictwo Naukowe PWN, Warszawa 2008.  
 D. G. Leathers, Komunikacja niewerbalna, Wydawnictwo Naukowe PWN, Warszawa 2008.  
 Extracurricular readings  
 B. Literatura uzupełniająca  
 A. Anderson, Mowa ciała dla żółtodziobów, czyli wszystko, co powinieneś wiedzieć o..., Rebis, Poznań 2005.  
 E. Aronson, Człowiek – istota społeczna, Wydawnictwo Naukowe PWN, Warszawa 2002.  
 A. Batko, Sztuka perswazji czyli język manipulacji i wpływu, Gdynia 2005.  
 C. Eisler-Moretz, Komunikacja niewerbalna. Mowa rąk, Wydawnictwo Astrum, Wrocław 1999.  
 M. Hartley, Mowa ciała w pracy, Wydawnictwo Jedność, Kielce 2004.  
 Ch. St-Hilaire, Dyskusja bez kłótni, „Klub dla Ciebie”, Warszawa 2005.  
 M. L. Knapp, J. A. Hall, Komunikacja niewerbalna w interakcjach międzyludzkich, Wydawnictwo Astrum, Wrocław 2000.  
 J. Navarro, T. S. Poynter, Mowa ciała w pracy, G+J Gruner + Jar Polska, Warszawa 2010.  
 G. Rebel, Naturalna mowa ciała w socjotechnicznych metodach osiągania celu, Wydawnictwo Arstum, Wrocław 1999.  
 W. Sikorski, Gesty zamiast słów: psychologia i trening komunikacji niewerbalnej, Oficyna Wydawnicza „Impuls”, Kraków 2005.  
 C. Turk, Sztuka przemawiania, Wydawnictwo Astrum, Wrocław 2003.

### The learning outcomes (for the field of study and specialization)

#### Knowledge

Student:

- knows the basic mechanisms of creating and changing individual and social attitudes;
- knows the basic types of social relations of an informal and formal nature in various types of groups:
- lists basic issues in the field of communication theory.

#### Skills

Student:

- is able to communicate consciously and draw conclusions about the way and meaning of verbal and non-verbal communication;
- is able to independently analyze the solution of the proposed problem in the field of interpersonal communication and makes decisions as to the appropriate solutions;
- can discuss, evaluate and draw conclusions, influence others and paraphrase.
- can choose and use psychotechnics and social engineering to influence interpersonal communication.

#### Social competence

Student:

- remains criticized in relation to the phenomena discussed in the subject,
- works in a group for a common task,
- can see the need to constantly update and deepen the information obtained and opinions

### Contact

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